



Each Team member will send their daily steps to the captain, who will send them to the UCP Walk Manager. Division standings will go out twice a week to all participants. The Walk Without Limits is a great way to support UCP and get some extra exercise. You will get step credits for all types of exercise. Send your completed Form to contact@ucp-slo.org.



Build Your Team for the Walk Without Limits

Team Name: _____

1. Captain (You): _____

Phone: _____ Email: _____

2. Teammate 1: _____

Phone: _____ Email: _____

3. Teammate 2: _____

Phone: _____ Email: _____

4. Teammate 3: _____

Phone: _____ Email: _____

Select Your Division

A

B

C